

**CLAIMS:**

1. A carrying bag, particularly a backpack, comprising  
  
a receiving container for receiving objects to be transported, and  
  
a carrying device connected to the receiving container and comprising connection elements, the connection elements being upper and lower connection elements, wherein the connection elements comprise pulling elements held displaceably on the receiving container, at least two of the connection elements comprising a common pulling element.
2. The carrying bag according to claim 1, wherein a sole common pulling element is provided.
3. The carrying bag according to claim 2, wherein the sole common pulling element is closed in itself.
4. The carrying bag according to claim 1, wherein the upper connection elements comprise the common pulling element extending from one of the connection elements via the receiving container to another of the connection elements.
5. The carrying bag according to claim 1, wherein the lower connection elements comprise the common pulling element extending from one of the connection elements via the receiving container to another of the connection elements.
6. The carrying bag according to claim 2, wherein the sole common pulling element extends from one of the upper connection elements to one of the lower connection elements, from the one of the lower connection elements to another of the upper connection elements, from the another of the upper connection elements to another of the lower connection elements, and from the another of the lower connection elements back to the one of the upper connection elements.

7. The carrying bag according to claim 6, wherein the sole common pulling element intersects with itself in the region of the back.
8. The carrying bag according to claim 7, wherein the common pulling element of the upper connection elements is connected to two rear ends of shoulder straps.
9. The carrying bag according to claim 8, wherein a deflection element is provided for guidance of the common pulling element.
10. The carrying bag according to claim 8, wherein shoulder pads are provided that have a channel formed therein for guiding the pulling element therethrough.
11. The carrying bag according to claim 1, wherein the pulling element is made from a material having a low-friction surface.
12. The carrying bag according to claim 11, wherein the material for the pulling element is selected from the group consisting of: nylon, metal and combinations thereof.
13. The carrying bag according to claim 1, wherein the pulling element is formed as a string line.
14. The carrying bag according to claim 1, wherein the pulling element is guided through a channel provided on the receiving container.
15. A carrying bag, particularly a backpack, comprising
  - a receiving container for receiving objects to be transported, and
  - a carrying device connected to the receiving container and comprising connection elements, the connection elements being lower and upper connection elements, wherein at least two connection elements are connected by a string line made from a material having a low-friction surface.

16. The carrying bag according to claim 15, wherein the string line is guided through a channel provided on the receiving container.
17. The carrying bag according to claim 14, wherein the channel has a low-friction surface.
18. The carrying bag according to claim 17, wherein the low-friction surface is selected from the group consisting of: hard plastic, metal, Teflon, low-friction coatings, and combinations thereof.
19. The carrying bag according to claim 1, wherein the connection elements and/or the pulling element is variable in length.
20. The carrying bag according to claim 1, wherein the connection elements and/or the pulling element is elastic.
21. The carrying bag according to claim 1, wherein the carrying device comprises two shoulder straps each having front ends connected to the receiving container respectively via the lower connection elements.
22. The carrying bag according to claim 1, wherein the carrying device comprises shoulder straps on the rear ends of which the respective upper connection element are connected to the receiving container.
23. The carrying bag according to claim 22, wherein the two upper connection elements are guided to join each other together with an intermediate element in a Y-shaped configuration.
24. The carrying bag according to claim 22, wherein the upper connection elements are connected to the receiving container by a turning element.

25. The carrying bag according to claim 1, wherein the upper connection elements are connected to the receiving container, optionally via the intermediate element, at a distance from an inner side of the receiving container.
26. The carrying bag according to claim 1, wherein the carrying device is connected to the receiving container in a detachable manner.
27. The carrying bag according to claim 1, wherein the receiving container is disposed substantially at hip level.